



HOMECOMING COURT 2024

2024 HOMECOMING
PARADE







The Boscobel MS/HS student council members have done it again! With your help, they raised an incredible \$325 to support Gundersen Medical Foundation' Steppin' Out in Pink Campaign.

Students sold pink ribbons for \$1 between September 30 and October 11 during WIN time, and at the home football game on October 3rd against Riverdale where fans were encouraged to wear pink. Additionally, a free will donation was collected. Breast cancer survivor and BHS graduate, Theresa Braudt was honored to receive this donation on behalf of those impacted by the support programs and research that this annual fundraiser makes possible. Outstanding work, Bulldogs!

Pictured (L-R) with the check are GBAHC Foundation Director, Natalie Tollefson, Alyzibeth Jones, Arianna Levins, GBAHC Administrator, Theresa Braudt, Dezzirrae Edwards and Tatum Miller.



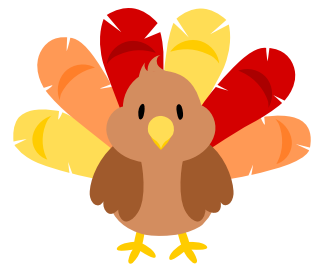


NATIONAL SCHOOL PSYCHOLOGY WEEK

NOV. 11-15, 2024



THANK YOU KAYLA!
#BOSCOBELPRIDE



Happy Thanksgiving



Helping Your Child Unplug

As the elementary school counselor, I've noticed that many of our students are coming to school tired and having difficulty focusing on their learning. A big reason for this seems to be the amount of time they're spending on phones, tablets, or other devices, especially in the evenings and mornings.

When children spend too much time on screens before bed, it can make it harder for them to fall asleep. The bright lights from these devices trick the brain into thinking it's still daytime, making it tough for kids to wind down and get the rest they need. Without a good night's sleep, it's harder for them to focus, learn, and feel their best at school.

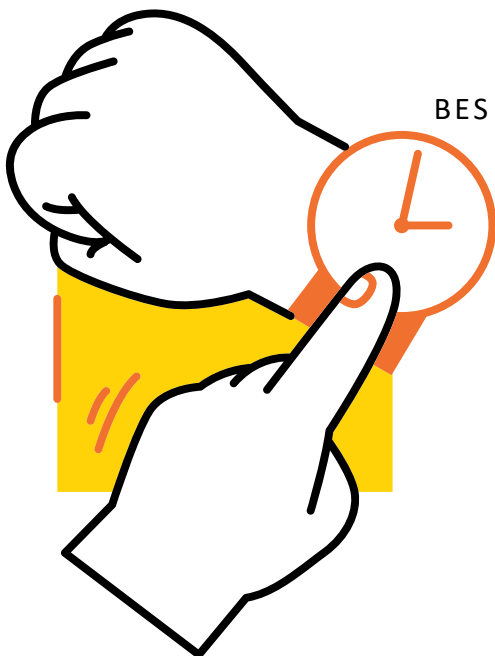
Some students are also starting their mornings on phones or tablets, which can 'wire' their brains in a way that makes it difficult for them to be calm and ready for the school day. A morning routine without screens can help set a positive tone for learning and engagement.

Here are a few tips that might help:

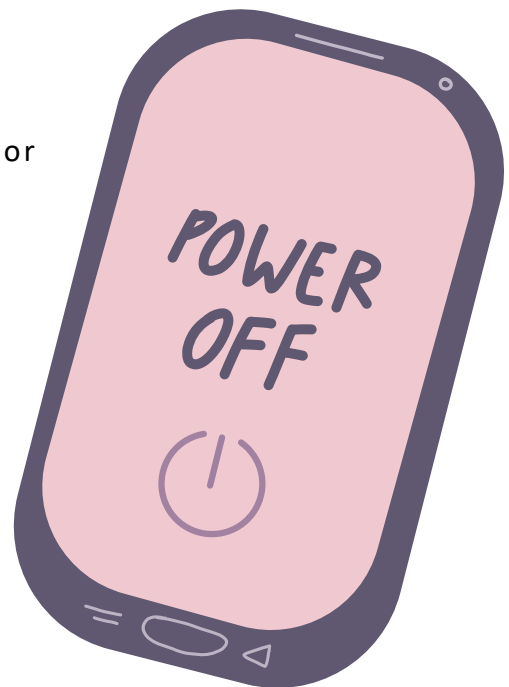
- Set a 'no screens' rule at least one hour before bedtime to help kids wind down.
- Encourage reading, calming activities, or quiet conversations in the evenings instead of screen time.
- Make mornings screen-free so children start their day feeling focused and refreshed.

Helping our children create healthy screen habits will set them up for success both at home and in school. Thank you for your support in creating a calm and restful environment for our students to thrive!

If you have any questions or need more resources, feel free to reach out.



Kindly,
Mrs. Kay
BES School Counselor





Applefest Parade

The band did a terrific job representing Boscobel while playing a John Denver classic, "Take me Home, County Roads".



November Newsletter Notes from the Nurse

PREVENTION OF RESPIRATORY ILLNESS:

While the fall season will bring increases in respiratory viral and other illnesses to the school setting, there are several everyday actions that families and schools can take to help prevent the spread of germs.

- Encouraging students and staff to stay home when sick (including staying at home for 24 hours after fever is gone)
- Reinforcing and teaching children to cover coughs and sneezes
- Reinforcing and giving opportunities for proper handwashing
- Getting vaccinated



“FLU” (INFLUENZA): The Grant County Health Department provided flu vaccinations to many students and staff on October 15th. Flu shots were given to students who returned a signed permission form and who were present at school or came in for the vaccination on that day. If you would still like to have your child vaccinated, contact Grant County Health Dept. (723-6416) or your child’s health care provider. Please be vigilant and keep your child home from school when they are ill. Students should not return to school after illness until they are fever-free (without the use of fever-reducing medications) for at least 24 hours. A fever is considered to be a temperature of 100-100.4°F or higher

PERTUSSIS:

The Grant County Health Department has seen an increased number of pertussis cases in Grant County. Pertussis is an infection that affects the airways, and it can easily spread from person to person by coughing or sneezing. Pertussis can cause a severe cough that lasts for weeks or months, sometimes leading to coughing fits and/or vomiting. Anyone can get pertussis, but it can be very dangerous for babies and people with weakened immune systems. Family members with pertussis, especially siblings and parents, can spread pertussis to babies.

Recommendations:

PERTUSSIS CONTINUED:

1. If your child has a cough:
 - Keep your child home from school and activities, such as sports or play groups. See items 4 and 5 about when your child can return to these activities.
 - If your child has a cough that does not improve, consider evaluation by your child's medical provider.
 - If your child has a cough and was exposed to pertussis, make an appointment with your child's medical provider as soon as possible and tell the provider that your child may have been exposed to pertussis.
2. Doctors and medical practitioners should give antibiotics to a child with a weakened immune system if they may have been exposed to pertussis, even if he or she is not coughing. If your child has a weakened immune system, ask your child's medical provider to prescribe antibiotics to your child as soon as possible to prevent pertussis.
3. If your child is exposed to pertussis and lives with any of the following people, ask your child's medical provider to prescribe antibiotics as soon as possible to your child (even if he or she is not coughing):
 - A woman who is pregnant
 - A baby younger than 12 months old
 - Anyone with a weakened immune system
4. If your child has been diagnosed with pertussis by his or her medical provider:
 - Tell the school that a medical provider diagnosed your child with pertussis.
 - School officials may request that you keep your child home from school and activities, such as sports or play groups, until your child has been on antibiotics for five days to treat pertussis.
 - Ask your child's medical provider for a note that states your child has pertussis.
5. If your child's medical practitioner says your child does NOT have pertussis:
 - Ask for a note from the provider telling the school that your child's cough is NOT pertussis and that your child can return to school and other activities at any time.

Please make sure your family's vaccinations are up to date. Protection against pertussis from the childhood vaccine, DTaP, decreases over time. Older children and adults, including pregnant women, should get a pertussis booster shot called "Tdap" to help protect themselves and babies near or around them. If you need Tdap, contact your medical provider or call the Grant County Health Department to find a vaccine provider near you.

The Grant County Health Department will continue to investigate the situation. It is a good time to review you and your child's vaccine records and make sure you are up to date on DTaP and/or Tdap. If you were vaccinated in Wisconsin, you can look up your vaccine status online at: <https://www.dhfs.wisconsin.gov/vaccines-and-prevention/immunization-status>. For information on childhood vaccinations or visit this link: <https://tinyurl.com/85rc98j2>

If you have any questions or concerns, please call the Grant County Health Department at 608-723-6416.

MEDICATIONS AT SCHOOL:

All medications (other than medications with prior approval, such as rescue medications or things such as lip balm) must be secured (typically in the nursing office) at school, and ALL medications require consents. This includes lip balm, sunscreen, bug spray, cough drops, etc. Consents must be completed for both over-the-counter (non-prescription) medications and for prescription medications. Prescription consents require the practitioner's signature in addition to the parent/guardian's signature. All medications must come to school in the original packaging and dosing must be per label/package directions. Dosing other than package instructions will require a practitioner signature. Supplements or herbal medications (those that are not FDA approved) shall also require a practitioner's approval. The school does not provide any over-the-counter medications for students. Medication consent forms are available from the nursing office or on our district website.



BED BUGS:

You have probably heard the saying "Sleep tight, don't let the bed bugs bite." Unfortunately, bed bugs have made a comeback in the U.S. The name comes from a tendency to live between mattresses and feed on occupants at night. Bed bugs do not fly, jump, or travel well outside...but they can move quickly over floors, walls, ceilings, and furniture. Bed bugs are wingless, approximately ¼ inch in length with a flattened oval shape and rusty, brown color. Newly-hatched nymphs are much smaller and a little lighter in color. A bed bug can survive several months to a year without a blood meal. Bed bugs can be found in apartments, hotels, homes, shelters, dorms, and nursing homes. They are active travelers and can be transported in luggage, boxes, clothing, furniture, and sometimes hair. Infestations are not necessarily tied to sanitary conditions. When looking for bed bugs, check on the seams, tufts, or folds of mattresses, bed frames, and headboards. They may also be behind baseboards, pictures, frames, windows, door casings, loosened wallpaper, curtains, in cracks on walls, or behind electrical wall plates. The first sign of a bed bug infestation is the appearance of small rusty spots (droppings or blood spots) on your mattress or bed linens. Bed bugs feed on bare skin while sleeping. Red, itchy welts are an indication of an infestation. It may take as long as 14 days for a welt to appear from a bed bug bite. Bed bugs are not known to transmit any diseases to humans. Thus, they are not considered a public health hazard and cases are not required to be reported to public health authorities as a communicable disease. However, precautions may need to be taken at school for known cases to prevent transfer of an infestation into the building. Complete elimination of a bed bug infestation may be difficult without using a pest-management company. Do-it-yourself measures sometimes cause problems because of misuse of pesticides or scattering of bugs. If using products yourself, make sure the product is for bed bugs and read the label completely.

Other ways you can help are:

- Reduce clutter in your home.
- Vacuum areas where bed bugs are seen (including mattress and box springs) and dispose of contents in sealed bag.
- Cover mattress and box spring with zippered encasements and seal openings with tape.
- Wash bedding and clothing in hot water (120 degrees F) and dry on high temperature. Store items in sealed bags.
- Inspect furniture brought into your home. Inspect hotel rooms for signs of bed bugs before unpacking.

❄️ ❄️ ❄️ ❄️ AVOID ❄️ ❄️ ❄️ ❄️

When the weather is extremely cold, try to stay indoors. If you must go outside, **dress properly** and know who is at **high risk** for **hypothermia** or **frostbite**.

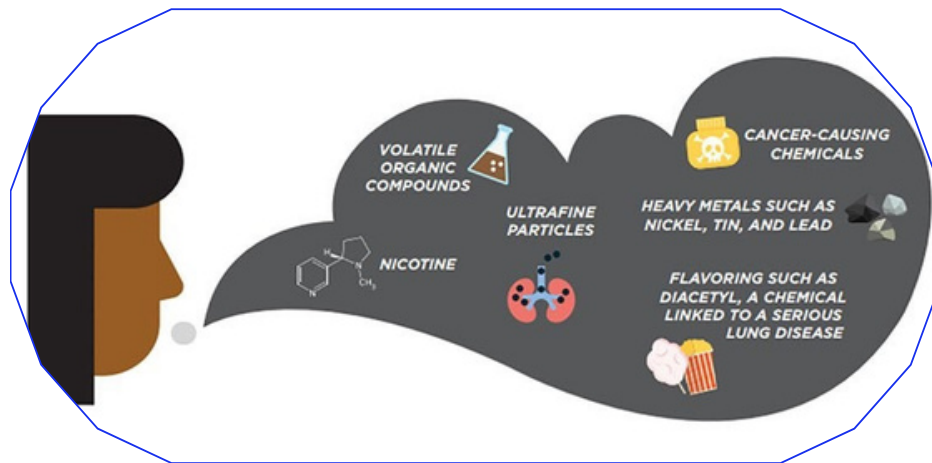
When going outside be sure to wear:



When going outside in winter make sure body parts most often affected by frostbite are covered in warm, dry clothing.



VAPING:



What's the Bottom Line on the Risks of E-cigarettes for Kids, Teens, and Young Adults?

- The use of e-cigarettes is unsafe for kids, teens, and young adults.
- Most e-cigarettes contain nicotine. Nicotine is highly addictive and can harm adolescent brain development, which continues into the early to mid-20s.
- E-cigarettes can contain other harmful substances besides nicotine.
- Young people who use e-cigarettes may be more likely to smoke cigarettes in the future.

Why Is Nicotine Unsafe for Kids, Teens, and Young Adults?

- Most e-cigarettes contain nicotine-the addictive drug in regular cigarettes, cigars, and other tobacco products.
- Some e-cigarette labels do not disclose that they contain nicotine, and some e-cigarettes marketed as containing 0% nicotine have been found to contain nicotine.
- Nicotine can harm the developing adolescent brain. The brain keeps developing until about age 25.
 - Using nicotine in adolescence can harm the parts of the brain that control attention, learning, mood, and impulse control.
 - Each time a new memory is created or a new skill is learned, stronger connections-or synapses-are built between brain cells. Young people's brains build synapses faster than adult brains. Nicotine changes the way these synapses are formed.
- Using nicotine in adolescence may also increase risk for future addiction to other drugs.

What Is in E-cigarette Aerosol?

- E-cigarette aerosol is NOT harmless "water vapor."
- The e-cigarette aerosol that users breathe from the device and exhale can contain harmful and potentially harmful substances, including:
 - Nicotine
 - Ultrafine particles that can be inhaled deep into the lungs
 - Flavorings such as diacetyl, a chemical linked to a serious lung disease
 - Volatile organic compounds
 - Cancer-causing chemicals
 - Heavy metals such as nickel, tin, and lead¹
- The aerosol that users inhale and exhale from e-cigarettes can expose both themselves and bystanders to harmful substances.
- It is difficult for consumers to know what e-cigarette products contain. For example, some e-cigarettes marketed as containing zero percent nicotine have been found to contain nicotine.



Madrigal Dinner

The Lords and Ladies of the Boscobel High School Madrigal singers invite you to join them for **the Fifty-Seventh Annual Madrigal Dinner on Saturday, December 14, 2024**, in the Boscobel High School Dining Hall. Guests will be taken back to an Old English Castle during the sixteenth century where you will partake in a five-course meal catered by Jean Salzgeber and Sue Peer. While enjoying your dinner, you will be pleasantly entertained by the Madrigal Singers. Hot wassail and hors d'oeuvres will be served at your table beginning at 6:30 P.M. The program will begin promptly at 7:00 P.M. Tickets are \$25 per person. To reserve your spot, please send payment (checks made payable to the Boscobel Music Boosters) and name of all attendees to Emily Blackbourn at 300 Brindley St. Boscobel, WI 53805. If you have questions please reach out at blacemil@boscobel.k12.wi.us or 608-375-4164 ext 2305. **All Reservations must be made by Friday, November 22nd.**



Upcoming events:

Middle School Band and Choir Winter Concert: December 9th @ 6:00

High School Band and Choir Winter Concert: December 9th @ 7:15

Madrigal Dinner: December 14th



Team Building Skills



Brian Kenney from Team Extreme LLC presented assemblies to the MS and HS student bodies focusing on team building skills. The students had to complete a couple of tasks: being able to communicate without talking, learning about the importance of including others and doing hard things hard, never easy!



Meet Buttons, the reading therapy dog. Buttons enjoys listening to students read!





Gunner Wayne participated at the WSMA Middle Level Honors Band in Madison.

This is a tremendous honor and required a difficult audition last April. Of all the trumpet players in the state who auditioned, only 15 made the band!

The group performed at a very high level and Gunner represented Boscobel well!

CONGRATULATIONS



Galena Annual Halloween Parade

This is always a fun parade atmosphere with costumes, creative floats and lights.

Where else is the Stay Puft Marshmallow Man following you? The band performed "Megalovania" and represented Boscobel with strong sound throughout the parade!



Halloween Rock Stars!!



2024-2025 Boscobel Area Schools School Calendar

Jul-24

Su	M	T	W	TH	F	Sa
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28	29	30	31			

Aug-24

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Sep-24

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Oct-24

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Nov-24

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Dec-24

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July

23-31- Online Registration

August

1-6 Online Registration

12-15,19, 29 Floating work days

20- New Hire Inservice

27- Open House

September

2 Labor Day Holiday

3 First Day of School

October

24 Early Release

1:45-8:00 P/T Conferences

25 Fall Break- NO SCHOOL

November

1 ER - End of 1st Quarter

27 Early Release

28 Thanksgiving Holiday

29 Fall Break

December

23-31 Winter Break

24 Christmas Eve

25 Christmas

31 New Year's Eve

January

1 New Year's Day

16 End 2nd Qtr

17 No School

February

20 Early Release

1:45-8:00 P/T Conferences

21-If needed- Snow
Make-up Day

21 Mid-Winter Break

March

21 ER - End 3rd Qtr

24-28 Spring Break

April

18 Good Friday

20 Easter

May

24 Graduation

26 Memorial Day Holiday

30 Last Day of School

30 -Early Release

June

Jan-25

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Mar-25

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Apr-25

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May-25

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Jun-25

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	Full School Day
	Registration
	No School
	Holiday- No School
	Early Release Day (ES @ 1:15, MS/HS @ 1:25)

ES School Day: 7:55-3:20

MS/HS School Day: 7:50-3:25

Floating Work Days

Teacher Work Day - No School

Teacher PD Day -Inservice